



# *Literacy Volunteers of America*

## *Essex & Passaic Counties*

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90 Broad Street, Bloomfield, NJ 07003 | (973) 566-6200 -- 195 Gregory Avenue, Passaic, NJ 07055 | (973) 470-0039

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## **How Understanding Personality Can Improve Your Tutoring**

*Presenter, Stephanie Mazzeo-Caputo*

*Platform: Google Meet*

*Tuesday, December 14, 2021, 11:00 am - 12:30 pm*

### **Presenter's biography:**

Stephanie Mazzeo-Caputo brings 35 years of hands-on experience helping people and organizations to achieve their goals. Her rich and diverse background – as a senior human resources executive, career & executive coach, social worker, health & wellness educator, trainer and ESL teacher – enables her to connect with clients in a unique and meaningful way. Stephanie is the owner of Quest Career Coaching. She empowers people to discover their career path, find the right job and succeed in the workplace.

Stephanie's education and interest in health and behavior change led her to the field of health communications. She led the development of patient education materials for top pharmaceutical companies including Pfizer, GSK, and Merck and was an early advocate for the health literacy movement. Stephanie was responsible for HR strategic planning, recruitment & talent management, training and leadership development and was the Executive Coach for the senior leadership team.

### **Workshop description:**

Can understanding your personality, and the personalities of your students, make you a more effective tutor, teacher, or educator? Perhaps more than you realize. In this workshop, Stephanie Mazzeo-Caputo, an LVA tutor, ESOL teacher, and career coach who has spent more than two decades as a human resource professional, will review the four basic styles of personality, and the strengths and stress points of your own personality style. She'll show you how to adapt to the personality style of others, and discuss how your personality can determine how you process information, make decisions, and interact with your environment – tools that could help you increase your communication with your students.